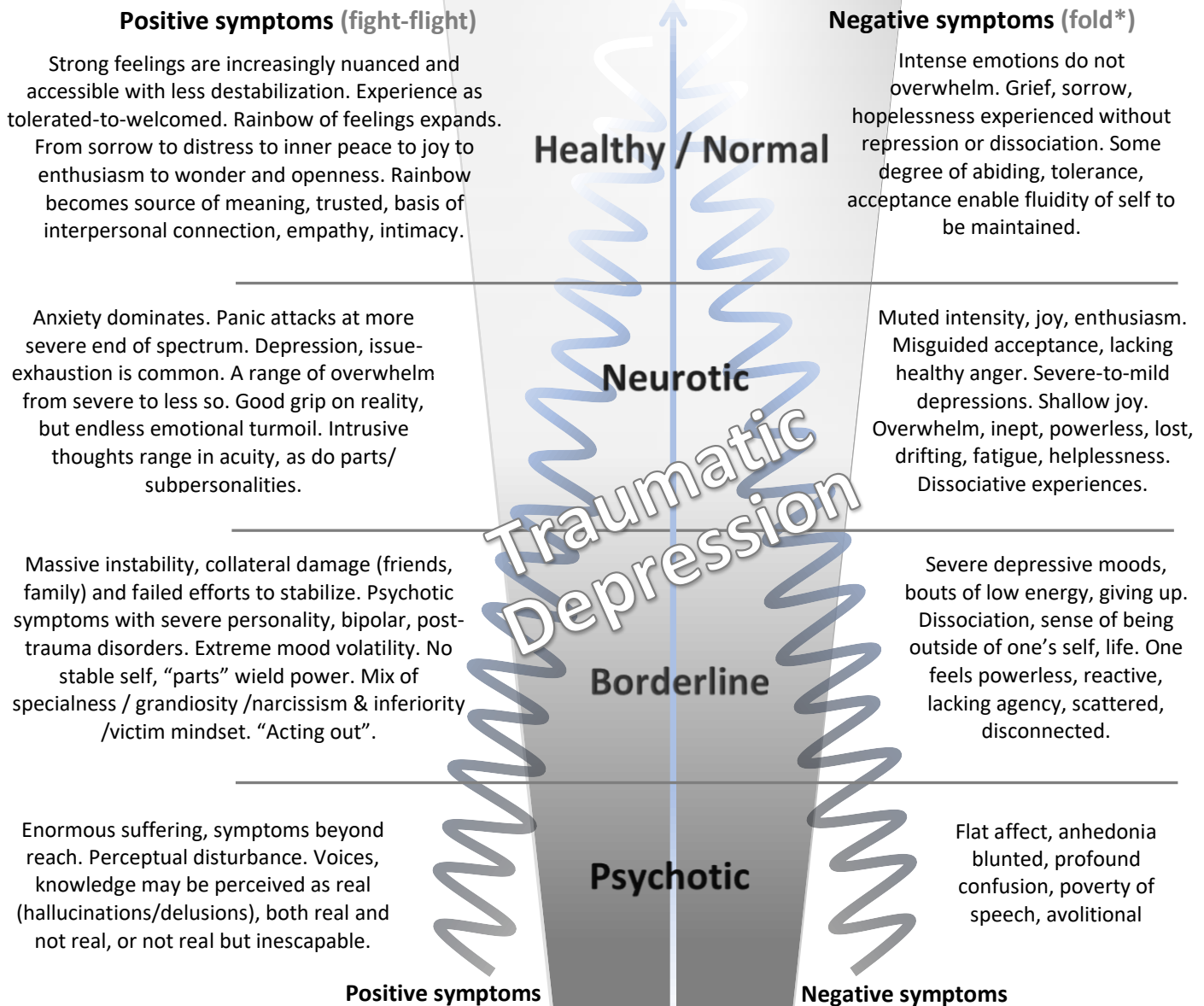


Continuing psychospiritual healing/ development

+/- symptoms lose destabilizing power, become energizing. People heal and develop through higher streams of integration, expanding intuition, insight, clarity. Integrations of emotion and cognition. Continued capacity building. Full range of feelings is better tolerated, more appreciated. Intuition, inner wisdom cultivated. Mindfulness / “skillful means” grow. Increasing ability to abide in whatever arises



Squiggly lines = positive & negative symptoms.
In High Acuity, symptoms are beyond reach. “Positive symptoms” may torment a person. “Negative symptoms” may restrict their affect and willpower. In mid-acuity ranges, memories may be intrusive to the point of ‘flashbacks’, at the same time a person may feel dissociated and numb. At less severe levels anxiety may co-exist with hopelessness.

Light/Dark cone = levels of acuity.
Low acuity: self / ego / mind, personality, self-awareness, consciousness, self-efficacy
Mid acuity: affective regulation, mood stability, stress tolerance, behavioral stability,
High acuity: ego strength, reality contact

*** Negative symptoms -** involve ancient ‘fold’ response systems. These mechanisms physiologically immobilize (partly or completely) and serve to counteract fight-flight